

Course Description

FFP0077 | First Responder | 1.50 credits

This is a training course for students who will provide basic life support to victims of emergencies, to minimize patient discomfort and prevent further injury. This course is a required part of fire fighter training.

Course Competencies

Competency 1: The student will demonstrate basic life support skills by:

- 1. Performing high-quality cardiopulmonary resuscitation (CPR) techniques
- 2. Utilizing an automated external defibrillator (AED) effectively
- 3. Managing airway obstructions using appropriate methods
- 4. Recognizing the signs and symptoms of cardiac arrest and shock

Competency 2: The student will analyze emergency situations by:

- 1. Assessing the scene for safety and potential hazards
- 2. Identifying the needs of the victim based on observed conditions
- 3. Evaluating the urgency of various medical emergencies
- 4. Prioritizing interventions based on the severity of injuries

Competency 3: The student will apply communication techniques in emergencies by:

- 1. Explaining procedures clearly to victims and bystanders
- 2. Coordinating with other first responders effectively
- 3. Documenting the assessment and care provided accurately
- 4. Reporting vital information to advanced medical personnel

Competency 4: The student will evaluate the impact of providing basic life support by:

- 1. Reviewing case studies of successful emergency interventions
- 2. Assessing the psychological effects of trauma on victims and responders
- 3. Reflecting on personal performance and areas for improvement
- 4. Discussing the importance of continuous training and certification in life support techniques

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information